



Important PREOPERATIVE and POSTOPERATIVE
INSTRUCTIONS for your **UPCOMING SURGERY** during
the COVID-19 Pandemic

At Glassman Plastic Surgery, our top priority is the **Safety and Health** of our patients and staff. To enhance your safety during the Covid-19 outbreak, we have instituted the following changes:

SPECIAL PREOPERATIVE INSTRUCTIONS:

1. All patients will sign a COVID-19 consent, in addition to the normal consent.
2. To minimize the added risks of having an operation while you have Covid-19, **All patients will get a COVID-19 test, shortly before the operation.**
3. **All patients should self-isolate beginning 14 days before their operation**
 - a. Inform Dr. Glassman of any symptoms of Covid-19 as outlined below, or have had any contact with a suspected or confirmed case of Covid-19.
 - i. FEVER COUGH
 - ii. SORE THROAT
 - iii. DIFFICULTY BREATHING
 - iv. HEADACHE
 - v. MUSCLE ACHE
 - vi. VOMITING OR DIARRHEA
 - vii. RECENT CHANGE IN TASTE OR SMELL
 - b. Wear a face mask covering when in public
 - c. Avoid Trips away from home.
 - d. Maintain Social Distancing
4. **If you test positive for Covid-19, your surgery will be postponed a minimum of 21 days after testing positive and symptom free, and ONLY after testing negative again as above.**

SPECIAL POSTOPERATIVE INSTRUCTIONS:

1. After surgery, **continue to socially isolate for at least 7 days.**
2. Notify Dr. Glassman if you develop any symptoms suggestive of Covid-19
3. Call for any questions or concerns: 845-354-7878.

Lawrence S. Glassman, MD, FACS

Assistant Clinical Professor of Plastic Surgery

Albert Einstein College of Medicine, Montefiore Medical Center

Certified by The American Board of Plastic Surgery

American Society of Plastic Surgeons

American Society for Aesthetic Plastic Surgery

Overall Chair: American Society of Plastic Surgeons In Service Examination

Chair: American Society of Plastic Surgeons Comprehensive Aesthetic and Breast Examination